



# Cook Elementary School

## Jan / Feb 2012

Healthy Lunches for Healthy Kids

User ID: \_\_\_\_\_

NOVA FOOD  
[www.novafood.ca](http://www.novafood.ca)

Please allow 3 working days  
to process your order

### STUDENT INFORMATION: *Please fill in ALL Fields.*

First Name: \_\_\_\_\_ Last Name : \_\_\_\_\_ Teacher: \_\_\_\_\_ Div #: \_\_\_\_\_ Grade: \_\_\_\_\_

Parent Name

First & Last: \_\_\_\_\_ Phone Number: \_\_\_\_\_ Email: \_\_\_\_\_

Mailing Address: \_\_\_\_\_ City: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Description	Size	Code	Price
Hot Entrée	Small (10 oz)	<b>S</b>	\$3.80
	Regular (16 oz)	<b>R</b>	\$4.65
	Adult (20 oz)	<b>A</b>	\$5.65
	Surcharge on Premium Items	<b>All sizes</b>	+ \$1.50
Sandwich & Salad	Small	<b>S</b>	\$3.80
	Regular	<b>R</b>	\$4.65
Juice & Water			\$1.00 each
2% Milk or Chocolate Milk			\$1.35 each
All fruit items			\$1.25 each
Assorted Yogurt			\$1.25 each

Monthly Automatic reminder service	
(Reminder will be sent on the last week of the month)	
<input type="checkbox"/>	By email _____
<input type="checkbox"/>	By telephone _____
<input type="checkbox"/>	By SMS/text message _____
<input type="checkbox"/>	No reminder needed

306 Fruit Roll-Up	\$0.75	426 Teddy Cracker	\$1.10
425 Fruit-To-Go	\$0.75	434 Potato Chip	\$1.25
110 Jello (Strawberry)	\$0.85	437 Veggie Sticks w/Dip	\$1.50
445 Fresh Bake Cookie	\$0.85	435 Vanilla Yogurt w/cheerio	\$1.75
302 Raisin (2 boxes)	\$1.00	462 Hash Brown (2 pcs)	\$1.50

Date	Entrée/Size	Drink	Fruit	Snack	Price
Tue Jan 3					
Wed Jan 4					
Thu Jan 5					
Fri Jan 6					
Mon Jan 9					
Tue Jan 10					
Wed Jan 11					
Thu Jan 12					
Fri Jan 13					
Mon Jan 16					
Tue Jan 17					
Wed Jan 18					
Thu Jan 19					
Fri Jan 20					
Mon Jan 23					
Tue Jan 24					
Wed Jan 25					
Thu Jan 26					
Fri Jan 27					
Mon Jan 30					
Tue Jan 31					

Date	Entrée/Size	Drink	Fruit	Snack	Price
Wed Feb 1					
Thu Feb 2					
Fri Feb 3					
Mon Feb 6					
Tue Feb 7					
Wed Feb 8					
Thu Feb 9					
Fri Feb 10					
Mon Feb 13					
Tue Feb 14					
Wed Feb 15					
Thu Feb 16					
Fri Feb 17	No School				
Mon Feb 20					
Tue Feb 21	Early Dismissal				
Wed Feb 22					
Thu Feb 23					
Fri Feb 24					
Mon Feb 27					
Tue Feb 28					
Wed Feb 29					

Total: \_\_\_\_\_

Total: \_\_\_\_\_

Grand Total \_\_\_\_\_